CRAIGAVON
WHAT TO DO
FOR BOYS & GIRLS
SUMMER 2018

For more info: 028 38311690
www.getactiveabc.com

Armagh City Banbridge & Craigavon Borough Council

LOTTERY FUNDED
FUN ACTIVITIES THIS SUMMER 2018

Welcome to the ‘What to do for Boy’s and Girls’ guide, produced by Armagh City, Banbridge and Craigavon Borough Council’s Sports Development Unit in Craigavon. This booklet lists a wide range of activities happening this summer in the Craigavon area. It includes:

- Skills coaching courses in over 20 sports
- Events in the parks for all the family
- A host of family activities at the Lough Neagh Discovery Centre at Oxford Island
- Arts and crafts courses provided by Millennium Court Arts Centre
- Summer Schemes organised by Community and Leisure Centres

For further information or additional application forms please contact: Sports Development Unit on 028 38 311690.

Please note that while every effort has been taken to ensure that all details are correct at the time of going to print, there may be some alteration to the information included.
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**AMERICAN FOOTBALL**

**CRAIGAVON COWBOYS AMERICAN FOOTBALL CLUB**

**Venue:** Peoples Park, Portadown  
**Dates:** Sundays starting 24th June  
**Time:** 1.00pm – 3.00pm  
**Age:** 15 – 18 years  
**Equipment:** Football boots, gum shield, weather appropriate sportswear and water. All other equipment including helmet and shoulder pads will be provided.

**Contact:** Greg Loughran 07757672384

**BADMINTON**

**Banbridge Badminton**

**Venue:** Banbridge Leisure Centre  
**Dates:** Monday 30th July – Friday 3rd August 2018  
**Time:** 11.00am – 12.30pm  
**Cost:** 1st child £15, 2nd child £12  
**Age:** 8 years – 15 years  
**Equipment:** All equipment will be provided. Children should wear a t-shirt, tracksuit and trainers

**Contact:** Laura O'Hagan on 028 4066 0637 or, email her at Laural.ohagan@armaghbanbridgecraigavon.gov.uk  
**Website:** www.getactiveabc.com

**BOWLS**

**LURGAN BOWLING CLUB**

**Junior Bowls Camp**

**Title:** Junior Bowls Camp  
**Location:** The Bowling Green & Pavilion, Lurgan Park  
**Dates:** Monday, 23rd to Friday, 27th July inclusive  
**Time:** 10.00am – 12 noon  
**Age group:** 7-14 years  
**Contact:** Angela Thompson, 07706 890698 or  
Melvyn Hamilton 07854 875170  
**Cost:** £2 per person/session

**Other information:** Participants should wear as flat shoes as possible. They should also have sun protection lotion with them and wear headgear depending on the weather.
CAMOGIE

ST. MARY’S CAMOGIE CLUB
Venue: Colane Pitch, Aghagallon
Dates: August
Time: 10.00am – 2.00pm
Age: 4 – 16 years
Equipment: Children should bring a camogie stick and helmet if possible (if not these will be provided) and also rain coat, sun cream, packed lunch and bottle of water.
Cost: £15 per child. £10 for each additional sibling.
Contact: Club Secretary, Sarah Mooney on 07955548781
Please make cheque payable to: ST. MARY’S CAMOGIE CLUB

CRICKET

DONAGHCLONEY Mill Cricket Club
Venue: Factory Grounds, Donaghcloney
Dates: Throughout May – August
Times: Tuesday 6.30pm-8.30pm, Yr 8 to Yr 11
       Thursdays 6.30pm-8.30pm, P5-P7
       Thursdays 6.30pm-7.30pm, P2-P4
Equipment: All equipment will be provided.
Children should wear a t-shirt, tracksuit and trainers.
Cost: Registration £30 per child and £15 for each additional sibling, then £2 and £1 for each additional sibling per session. All boys and girls are welcome to come and join in.
Contact: Raymond Matthews 07801680447 for Registration Form
Details: Please visit www.donaghcloneycc.co.uk for additional details about Donaghcloney Summer Scheme
Please make cheque payable to: DONAGHCLONEY CRICKET CLUB

LURGAN TIGERS CLUB - Kid’s Cricket coaching
Venue: Pollock Park
Dates: Starting in May and continuing until the end of July/start of August.
       Tuesdays starting 8th May from 6.30pm – 8.00pm.
       Summer school at end of July/start of August
Equipment: Provided
Cost: £40 for the summer and £35 for each additional sibling or members of the club.
Details: All welcome and provision made for the full range of abilities from Kwik Cricket through to hard ball cricket with our coaching team. Download an application form at www.lurgantigers.com.
Contact: Howard Ingram 028 3832 1902 for more information.
Please make cheque payable to: Lurgan Rugby Football and Cricket Club
DANCE

EVERY BODY ACTIVE 2020 DANCE ACADEMY

Course 1: Banbridge Leisure Centre
Dates: Monday 13th – Friday 17th August
Time: 9.30am – 11.00am
Age: 5-11 years
Cost: £12 for the 1st child and £10 for 2nd child in same family.
Equipment: Children should wear comfortable track suit or shorts and T-shirt. Children should bring a drink and a small snack.
Details: Courses will be delivered by fully qualified coaches.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
Online: www.getactiveabc.com

Course 2: Rathfriland Community Centre
Dates: Monday 6th August – Friday 10th August
Time: 9.30am – 11.00am
Age: 5-11 years
Cost: £12 for the 1st child and £10 for 2nd child in same family.
Equipment: Children should wear comfortable track suit or shorts and T-shirt. Children should bring a drink.
Details: Courses will be delivered by fully qualified coaches.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
Online: www.getactiveabc.com

GAELIC FOOTBALL

KELLOGG’S GAA CUL CAMPS
Venue: Pairc na Gael, Colane Road, Aghagallon
Dates: July 2018
Time: 10.00am – 2.30pm
Age: 6 – 13 years
Details: Saffron Og Camp will run at the same time for children U7 yrs.
Contact: Aoibheann Seeley
Email: aoibheannseeley@hotmail.com

HURLING

ST MALACHY’S HURLING CLUB
Venue: Moy Road Portadown
Dates: Every Sunday till the end of November
Time: 12.00pm-1pm
Age: 5 - 14 years
Cost: £5 membership and £3 per coaching session.
Equipment: FREE stick worth £20 to all kids who register as members. Helmets and all other equipment provided.
Details: U5, U6, U8, U10 & U12 U14 Hurling training and taster sessions.
Contact: Thomas Mc Stravick 07821579451 or email thomas@playingforthefuture.co.uk

JUDO

WAKAI SI KWAI JUDO CLUB
Venue: Craigavon Leisure Centre
Dates: Fridays - 6th 13th 20th August 2018
Time: 3.00pm - 4.00pm
Age: 14 years +
Equipment: Loose fitting, old track-suit should be worn. Medical history for each child should also be provided.
Cost: £6.00 per child.
Details: Please make cheque payable to: WAKAI SI KWAI JUDO CLUB
Contact: Bert Lavery 028 3832 6844 / 07938211303

MULTI SPORTS CAMP

Venue: Portadown People’s Park
Date: Monday 13th – Friday 17th August
Time: 10.00am – 2.00pm
Age: 5 – 12 years
Equipment: Sports equipment provided. Children should wear trainers, sports clothes and bring a small snack and a drink.
Cost: £25 per person for the week. £20 for 2nd child in same family.
Details: Courses will be delivered by fully qualified coaches.
Contact: 028 3831 1690 for more information.
Online: Book online at www.getactiveabc.com

Venue: Kinallen (Fairhill Primary School)
Date: Monday 2nd – Friday 6th July
Time: 10.00am – 2.00pm
Age: 5 – 11 years
Cost: £25 for the 1st child and £20 for the 2nd child from the same family.
Equipment: Children should wear comfortable track suit or shorts and T-shirt Children should bring a drink and a snack.
Details: Courses will be delivered by fully qualified coaches.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghanbridgecraigavon.gov.uk
Online: Book online to secure a place on this course at www.getactiveabc.com
Venue - Rathfriland Community Centre
Date: Monday 20th – Friday 24th August
Time: 10.00am – 2.00pm
Age: 5 – 11 years
Cost: £25 for the 1st child and £20 for the 2nd child from the same family.
Equipment: Children should wear comfortable track suit or shorts and T-shirt. Children should bring a drink and a snack.
Details: Courses will be delivered by fully qualified coaches.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
Online: Book online to secure a place on this course at www.getactiveabc.com

Venue - Banbridge Leisure Centre
Date: Monday 23rd – Friday 27th July
Time: 10.00am – 2.00pm
Age: 5 – 11 years
Cost: £25 for the first child and £20 for the 2nd child from the same family
Equipment: Children should wear comfortable track suit or shorts and T-shirt. Children should bring a drink and a snack.
Details: Courses will be delivered by fully qualified coaches.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
Online: Book online to secure a place on this course at www.getactiveabc.com

ROWING

PORTADOWN BOAT CLUB
Venue: River Bann Boulevard
Week 1: Mon 30 Jul – Fri 3 Aug
Week 2: Mon 6 Aug - Fri 10 Aug
Time: 10.00am – 4.00pm
Age: 12 – 16 years
Equipment: Hat, sunscreen, towel, change of clothes, sweater and lunch
Cost: £70 per week (15 discount for second child in the same family)
Details: Children must be able to swim 50m unassisted
Contact: Stephen Donovan
Telephone: 07872826304
Email: portadownboatclubsecretary@gmail.com
SOCCER

IFA SUMMER HOLIDAY CAMPS
Time: 10.00am – 1.00pm
Age: 5 -13 years
Cost: TBC
Booking online at irishfasoccerschools.com

Course 1: PEOPLE’S PARK PORTADOWN
Date: Monday 2nd – Friday 6th July

Course 2: Kernan Playing Fields
Date: Monday 23rd – Friday 27th July

Course 3: Loughgall Country Park
Date: Monday 6th Aug – Friday 10th Aug

Course 4: Lurgan Town Arena Goalkeeping Course
Date: Thursday 16th Aug - Friday 17th Aug

Course 5: Lurgan Town Arena
Date: Monday 20th – Friday 24th Aug
Details: Discounts available booking online at irishfasoccerschools.com or, if preferred complete an application form and return with the appropriate fee to:
IFA Regional Grassroots Development Officer, Ken Duncan
C/O The National Stadium,
Donegal Avenue, Belfast, BT12 5LW.

Contact: Ken Duncan on 07802327553 or, email ken.duncan@irishfa.com
Please make cheque payable to: IRISH FOOTBALL Foundation Ltd

SQUASH

EVERY BODY ACTIVE 2020 SQUASH CAMP
Venue: Banbridge Leisure Centre
Dates: Monday 30th – Wednesday 1st August
Time: 1.30pm – 3.00pm
Age: 8-16 years
Cost: £8 for the 1st child and £6 for 2nd child in same family.
Equipment: Children should wear comfortable track suit or shorts and T-shirt. Children should bring a drink.
Details: Courses will be delivered by fully qualified coaches.
EBA 2020 is supported by Sport Northern Ireland.
Contact: Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghsbanbridgecraigavon.gov.uk
Online: www.getactiveabc.com
**TENNIS**

**Banbridge Tennis Camp**
**Venue:** Banbridge Leisure Centre
**Dates:** Monday 16th July - Friday 20th July
**Time:** 9.30am – 11.00am 6 years – 9 years
11.30am – 1.00pm 10 years – 14 years
**Cost:** £15 for the 1st child and £12 for the 2nd child in the same family.
**Equipment:** All equipment will be provided. Children should wear a t-shirt, tracksuit and trainers
**Contact:** Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
**Online:** To secure a place on this course please book online at www.getactiveabc.com

**Rathfriland Tennis Camp**
**Venue:** Rathfriland High School
**Dates:** Monday 16th July – Friday 20th July
**Times:** 2.30pm – 4.00pm
**Cost:** £15 for the 1st child and £12 for the 2nd child in the same family.
**Equipment:** All equipment will be provided. Children should wear a t-shirt, tracksuit and trainers
**Contact:** Laura O’Hagan on 028 4066 0637 or, email her at laural.ohagan@armaghbanbridgecraigavon.gov.uk
**Online:** To secure a place on this course please book online at www.getactiveabc.com

**PORTADOWN TENNIS CLUB**
**Venue:** EDENVILLA PARK

**Ages 4 – 13 years**

**Camp 1**
**Dates:** Monday 16th – Friday 20th July
**Time:** 9.30am – 12.30pm

**Camp 2**
**Dates:** Monday 23rd July – Friday 27th July
**Time:** 9.30am – 12.30pm

**Camp 3**
**Dates:** Monday 30th July – Friday 3rd August
**Time:** 9.30am – 12.30pm

**Camp 4**
**Dates:** Monday 13th - Friday 17th August
**Time:** 9.30am – 12.30pm

**Camp 5**
**Dates:** Monday 20th - Friday 24th August
Time: 9.30am – 12.30pm

**Ages 14 - 16 years**

**Camp 1**
Dates: Monday 23rd July – Friday 27th July
Time: 1.30pm – 4.30pm

**Camp 2**
Dates: Monday 13th August – Friday 27th August
Time: 1.30pm – 4.30pm

Equipment: Racquets and balls provided. Please wear appropriate footwear and clothing and bring a snack and drink each day.

Cost: Members £40, non-members £50 per child per camp. Discount for family’s with more than one child attending the camp.

Please make cheques payable to DANIEL BENNETT

Details: For further information including membership please see [www.portadowntennisclub.com](http://www.portadowntennisclub.com) or contact Dan Bennett 07852 212 483 or e-mail coachportadowntennisclub@gamil.com

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**LURGAN TENNIS CLUB**

**Venue:** Lurgan Park

**Week 1:** Monday 16th – Friday 20th July

**Week 2:** Monday 23rd – Friday 27th July

**Week 3:** Monday 30th – Friday 3rd August

**Week 4:** Monday 6th – Friday 10th Aug

**Week 5:** Mon 13th – Friday 17th Aug

**Week 6:** Mon 20th – Friday 24th Aug

**Age:**
4 – 7 years: 9.30am - 11.30am or 1.30pm – 3.30pm each day
8 – 18 years: 9.30am - 12.30pm or 1.30pm – 4.30pm each day

**Please indicate which session preferred (morning or afternoon)**

**Equipment:** Racquets and balls provided. Please wear appropriate footwear and clothing (including sun hats) and **bring a snack and drink each day.**

**Cost:**
£49 per week per child (£5 reduction for additional siblings)
£39 per week for aged 7 and under

!!!!!!!!!!!!!!**Special Rate for early payment!!!!!!!!!!!!!!**

**£10 reduction if camp booked and paid for before Friday 15th June**

**Details:**
Improve your tennis in a fun filled environment all summer at Lurgan Park under the instruction of Senior Coach Alex Iliev with his team of fully qualified, experienced tennis coaches.

Please indicate clearly on the application form which dates you shall be attending.

Classes are kept small where possible and advise that you book early to avoid disappointment.
Lurgan Tennis Club Junior Night is held throughout the year at the tennis club in Lurgan Park on Wednesday evenings - with Primary School age from 6-7pm and Secondary School age from 7-8.30pm.
For further information, including membership details please see facebook.com/lurgantennisclub
Contact: Jackie on 07766527628 or lurgantennisclub@gmail.com

Please complete an application form and return it with the appropriate fee by Friday 22nd June to:

Jackie Muldoon
Derrylodge
29 Lough Road
LURGAN
Please make cheque payable to: LURGAN TENNIS CLUB

PARKS TENNIS

Course 1: People’s Park, Portadown
Dates: Monday 2nd July – Friday 6th July
Times: 2.00pm -4.00pm
Age: 6 – 14 years

Course 3: Loughgall County Park
Dates: Monday 13th – Friday 17th August
Times: 10.00am – 12.00noon
Age: 8 – 16 years

Cost: £18 per person for the week long camp or £15 for 2nd child in same family.
Contact: Roisin O’Hagan on 028 3831 1677 or email her at roisin.ohagan@armaghbanbridgecraigavon.gov.uk
Online booking: www.getactiveabc.com

Equipment: Racquets and balls provided. Please wear appropriate footwear and clothing including sun hats and bring a snack and drink each day.
Details: Improve your tennis under the instruction of qualified, experienced tennis coaches in a fun filled learning environment. Parks Tennis will be run in conjunction with Every Body Active 2020 programme.
EBA 2020 is supported by Sport Northern Ireland.
CRAIGAVON TABLE TENNIS CLUB
Venue: Sports Hall at Craigavon Baptist Church Drumgor, Craigavon

Table Tennis Camp
Dates: Wednesday 25th July to Friday 27th
Times: 10.00am to 1.00pm.

Table Tennis Camp
Dates: Tuesday 7th August - Thursday 9th August
Times: 10.00am to 2.00pm

Equipment: Table Tennis equipment provided if needed. Children should wear trainers and comfortable sports clothes.
Contact: Michael McGoldrick - m.mcgoldrick@gmail.com / 07898888531
WATERSPORTS

SUMMER ACTIVITY DAYS

Venue: WATERSPORTS CENTRE  
Dates: Every Tuesday in July and August  
Activities: A fun packed day with Water and land based activities e.g Banana boating, Canoeing, Aqua Park Biking, Team games, Climbing, & Archery.  
Age: 8 – 16 years  
Time: 9.30am – 4.00pm  
Cost: £20.00 per day (Lunch included)

MULTI ACTIVITY WEEK MONDAY – FRIDAY

VENUE: WATERSPORTS CENTRE  
Date: July - August  
Age: 8 – 16 years  
Cost: £90.00 Per Week (Lunch included)

RYA DINGHY SAILING COURSE

VENUE: WATERSPORTS CENTRE (SUNDAYS)  
Dates: July - August  
Age: 8 – 16 years  
Cost: £30.00

BCU KAYAKING COURSE

VENUE: WATERSPORTS CENTRE (SATURDAYS)  
Dates: July - August  
Cost: £30.00

For further information about any of the courses detailed here please visit the website www.getactiveabc.com  
Alternatively email: golfskiwatersports@armaghbanbridgecraigavon.gov.uk  
Or contact 028 3832 6606.  
Advanced booking is essential.
The following activities are based at

**CRAIGAVON GOLF AND SKI CENTRE**

For further information about any of the courses detailed here please visit the website www.getactiveabc.com **for exact dates of courses and where on line booking is available.** Alternatively email at golfskiwatersports@armaghbanbridgecraigavon.gov.uk or contact 028 3832 6606, **early advanced booking is essential.**

**GOLF**

**Venue:** Craigavon Golf and Ski Centre

For further information about any of the courses detailed here please visit the website www.getactiveabc.com **for exact dates of courses and where on line booking is available.** Alternatively email at golfskiwatersports@armaghbanbridgecraigavon.gov.uk or contact 028 3832 6606, **early advanced booking is essential.**

**CHILDREN’S SUMMER GOLF MEMBERSHIP**

**Activities:** Back by popular demand July – August membership for 15 Hole Par 3 course.

**Age:** Children U16 on 1st July 2018

**Cost:** £35.00

**Details:** Entitles the holder to play the 15 Hole Par 3 course throughout July & August between 8.30am and 4.00pm Monday to Friday.

**SUMMER ACTIVITY DAYS**

**Activities:** Programme includes snow skiing, snow tubing, climbing wall, archery and foot golf.

**Dates:** Every Thursday in July & August

**Time:** 9.30am – 4.00pm

**Age:** 7 – 14 years

**Equipment:** Please bring a change of clothes, long trousers, gloves and waterproof jacket

**Cost:** £20 per child includes lunch.

**SNOW TUBING**

**Venue:** **CRAIGAVON GOLF AND SKI CENTRE**

**Dates:** Available all year. Early advanced booking essential.

**Age:** 5 – 15 years

**Equipment:** Please bring a change of clothes, long trousers, gloves and waterproof jacket

**Cost:** £70 for 12 children per hour.
The following activities are based at:

**CRAIGAVON LEISURE CENTRE**

For further information about any of the courses as listed here, please contact Craigavon Leisure Centre at 028 3834 1333. Now taking bookings - early booking is advised.

**SUMMER SCHEME ACTIVITY WEEKS**

- **Monday – Friday**
- **Dates:**
  1. 2nd July – 6th July
  2. 23rd – 27th July
  3. 30th July – 3rd Aug
  4. 6th Aug – 10th Aug
  5. 13th – 17th Aug
- **Time:** 10.00am – 4.00pm
- **Age:** 6 - 12 years
  (Must be 8 years or over and have parent’s consent to join in the swimming pool activities)
- **Activities:** Wide range of sports, games and activities. Organised in our halls, if good weather outside on our pitches and for 8 years or over some fun in our swimming pools.
- **Cost:** Pre-booked week: £42.00
  Drop-in day price: £9.40 per day Price does not include food. (Vending operation available; sandwiches, filled rolls, drinks & snacks, or bring a packed lunch.)
- **Details:** Great opportunity to have a fun packed summer, try out some new sports, have fun and meet new friends. The emphasis will be on ‘fun’ and participation. All sessions are organised and supervised.

**NATIONAL POOL LIFEGUARD QUALIFICATION (NPLQ)**

- **Cost:** £260
- **Age:** 16 years +
- **Dates:** 9th / 10th / 11th / 16th / 17th July - Exam 18th July
- **Details:** This is a recognised professional lifeguard qualification.
  *Pre-course water assessment required contact trainer Matthew in Craigavon Leisure Centre*

**ROOKIE LIFEGUARD**

- **Cost:** £62
- **Dates:** Monday 6th – Friday 10th Aug
- **Times:** 10.00am – 12noon
- **Details:** An RLSS junior scheme for Bronze, Silver & Gold awards.
  * Must be a competent swimmer able to swim 800m or more.

**BUBBLES**

- **Cost:** £24.80
- **Dates:** Mon, 23rd July / 30th July / 6th Aug / 13th Aug
- **Age:** 3 months - 1½ year olds (with parent/guardian)
  4 x ½ hr Lesson
- **Times:** 10.00 am – 10.30 am
- **Details:** Introducing your little ones to the pool in a relaxed, safe environment. Bond in the water together through nursery rhymes and toys.
**SPLASHERS**
Cost: £24.80  
Dates: Mon, 23rd July / 30th July / 6th Aug / 13th Aug  
Age: 1½ year olds – 3 year olds (with parent/guardian)  
4 x ½ hr Lesson  
Time: 10.30 am – 11.00 am  
Details: Build water confidence through play, gently introducing basic swimming skills through games, songs and toys.

**PADDLERS**
Cost: £24.80  
Dates: Mon, 23rd July / 30th July / 6th Aug / 13th Aug  
Age: 3 year olds - 4½ year olds (with parent/guardian)  
4 x ½ hr Lesson  
Time: 11.00 am – 11.30 am  
Details: Developing water confidence, through play, building on basic swimming skills and independent swimming.

**PRE-SCHOOL**
Cost: £31.00  
Dates: Monday 23rd July – Friday 27th July  
Times: 11.30am –12.00pm, 12.00-12.30pm  
Dates: Monday 6th August – Friday 10th August:  
Times: 11.30am –12.00pm, 12.00-12.30pm  
Age: 4½ year olds – 5 year olds  
Details: Fun based water classes introducing basic swimming strokes.

**1-to-4 LESSONS**
Cost: £44.00  
Dates: Mon 2nd July– Fri 17th Aug (excluding 12th week, 9th - 13th July)  
Times: Level 1 & 2  3.30pm – 4.00pm (beginner)  
Level 3  4.00pm – 4.30pm  
Level 4  4.30pm - 5.00pm  
Age: 5 years +  
Details: Intensive swimming over a week for a small group of 4 children.

**SUMMER SPLASH**
Cost: £37.00  
Dates: Monday 23rd July- Friday 27th July / Mon 13th August – Fri 17th August  
Times: Mon – Fri 10.00am–12.00 noon  
Age: 6 - 14 years  
Details: Burn off the energy, learn new skills, have lots of fun. An exciting variety of water based activities, including: Skill sessions, all strokes. Survival and lifesaving. Fitness challenges. Fun sessions and pool games.  
* Must be a competent swimmer able to swim 50m or more.
1-2-1’s
Cost: £20.80
Times/Dates: By arrangement
Age: 5 years +
Details: Individual swimming instruction: 1 pupil – 1 teacher
Contact the Leisure Centre and speak to a swimming teacher to arrange a date and time.

POOL FUN FLOAT SESSIONS
Monday to Friday (except Thursdays)
Dates: Every week during July & Aug
Time: 2.30pm – 3.30pm
Activities: Fun in the pool with the floats.
Details: No booking required.
Unaccompanied children must be 8 years or over.

GYMNASTICS
Monday to Friday
Dates: 23rd – 27th July
Time: 9.30am – 11.00am - Ages 4 to 6
11.30am – 1.00pm - Ages 7 to 9
2.00pm – 3.30pm - Ages 10 +
Activities: Gymnastics instruction delivered by qualified club coaches.
Cost: £34.50
Details: Children should wear comfortable track suit or shorts and T-shirt.
Children will participate in bare feet. No jewellery, jeans or tight clothing should be worn. Long hair to be tied up.

TRAMPOLINING
Monday to Wednesday
Dates: (1) 2nd – 4th July: (2) 23rd – 25th July
Time: 9.00am – 11.00am OR 11.00am – 1.00pm
Activities: Trampolining instruction delivered by qualified club coaches.
Cost: £27.60
Age: 7 years and over.
Details: Children must be able to get on and off the trampoline unassisted.
Children should bring socks, tracksuit, shorts and T-shirt.
CASCADES LEISURE COMPLEX

NPLQ LIFEGUARD COURSE
Week 1  Mon 2nd – Sat 7th July 2018
Age   16+
Time:  8.00am – 4.30pm Mon-Fri & Exam on Saturday
Costs: £260

CASCADES ACADEMY OF SWIM- FIT
Week 1  Mon 2nd – Fri 6th July 2018
Time entry based on 50m Front Crawl- *Advanced 60-45 secs -
*Premier 45-38secs & *Elite 38 secs & under
Activities  Land based training: Bleep tests, circuits, spin, cross country
           Water based Training: PB’S, Drills, Starts & Turns
           Course is packed full of exciting activities and run in association with
           PASC. This is ideal for club swimmers or those who are keen on taking
           their swimming to higher level.
Age:  8 years & over
Time: 9am – 12.00pm
Cost: £40 per week (£35 per additional child from the same family)
Details: Children must be able to swim 800m

INTENSIVE BEGINNER (LEVEL 1) SWIM LESSONS
Week 1  Mon 2nd – Fri 6th July 2018
Cost: £25 for week intensive
Times: 9am & 930am
Detail: Children must be 5 years + The Beginner class is designed to help
       build your child’s water expertise and to introduce the basic skills of
       front and back paddle in a fun safe environment.

INTENSIVE WATER CONFIDENCE (LEVEL 3 & 4) SWIM LESSONS
Week 1  Mon 2nd – Fri 6th July 2018
Cost: £25 for week intensive
Times: 10am
Detail: Children must be 5 years + & have 10m-20m award. The Confidence
       class is designed to help with the transition from minor pool to main
       pool less stressful. Practices that will be covered in main pool safe
       entries, exits to pool, treading water, sitting dives, stroke skills with
       woggles, shark fins & flipper work.

121 SWIM LESSONS
Week 1  Mon 2nd – Fri 6th July
Cost: £50 for week intensive or £15 individual
Times: 130pm, 2pm & 230pm
Detail: Children must be 5 years +
ROOKIE LIFEGUARD
Week 3  Mon 16th – 20th July 2018

**Rookie Bronze** – Children must have 600m Award

**Rookie Silver** - Children must have Bronze Award

**Rookie Gold** - Children must be 12 yrs + & have Silver Award

Age:  8-14 years
Time:  9.00am – 12.00pm
Cost:  £40 per week (£35 per additional child from the same family)

Details:  A fun way to improve your lifesaving and first aid skills. Children are required to attend the full course to obtain Rookie Award.

121 SWIM LESSONS
Week 3  Mon 16th – 20th July 2018
Cost:  £50 for week intensive or £15 individual
Times:  130pm, 2pm & 230pm
Detail:  Children must be 5 years +

CASCADES ACADEMY OF SWIM-FIT
Week 4  Mon 23rd – Fri 27th July 2018

Time entry based on 50m Front Crawl- *Advanced* 60-45 secs -

*Premier* 45-38secs & *Elite* 38 secs & under

Activities  Land based training: Bleep tests, circuits, spin, cross country

Water based Training: PB’S, Drills, Starts & Turns

Course is packed full of exciting activities and run in association with PASC. This is ideal for Club swimmers or those who are keen on taking their swimming to higher level.

Age:  8 years & over
Time:  9am – 12.00pm
Cost:  £40 per week (£35 per additional child from the same family)
Details:  Children must be able to swim 800m

INTENSIVE BEGINNER (LEVEL 1) SWIM LESSONS
Week 4  Mon 23rd – Fri 27th July
Cost:  £25 for week intensive
Times:  9am & 930am
Detail:  Children must be 5 years + The Beginner class is designed to help build your child’s water experience and to introduce the basic skills of front and back paddle in a fun safe environment.

INTENSIVE WATER CONFIDENCE (LEVEL 3 & 4) SWIM LESSONS
Week 4  Mon 23rd – Fri 27th July
Cost:  £25 for week intensive
Times:  10am
Detail:  Children must be 5 years + & have 10m-20m award. This confidence class is designed to help with the transition from minor pool to main pool become less stressful. Practices that will be covered in main pool safe entries, exits to pool, treading water, sitting dives, stroke skills with woggles, shark fins & flipper work.
121 SWIM LESSONS
Week 4  Mon 23rd – Fri 27th July 2018
Cost: £50 for week intensive or £15 individual
Times: 130pm, 2pm & 230pm
Detail: Children must be 5 years +

ROOKIE LIFEGUARD
Week 5  Mon 30th July – 3rd August 2018
Rookie Bronze – Children must have 600m Award
Rookie Silver - Children must have Bronze Award
Rookie Gold - Children must be 12 yrs + & have Silver Award
Age: 8-14 years
Time: 9.00am – 12.00pm
Cost: £40 per week (£35 per additional child from the same family)
Details: A fun way to improve your lifesaving and first aid skills. Children are required to attend the full course to obtain Rookie Award.

121 SWIM LESSONS
Week 5  Mon 30th July – 3rd August 2018
Cost: £50 for week intensive or £15 individual
Times: 10am, 1030am & 11am
Detail: Children must be 5 years +

CASCADES ACADEMY OF SWIM-FIT
Week 6  Mon 6th – Fri 10th August 2018
Time entry based on 50 meters Front Crawl- *Advanced 60-45 secs - *Premier 45-38secs & *Elite 38 secs & under
Activities Land based training: Bleep tests, circuits, spin, cross country
Water based Training: PB’S, Drills, Starts & Turns
Course is packed full of exciting activities and run in association with PASC. This is ideal for Club swimmers or those who are keen on taking their swimming to higher level.
Age: 8 years & over
Time: 9am – 12.00pm
Cost: £40 per week (£35 per additional child from the same family)
Details: Children must be able to swim 800m

121 SWIM LESSONS
Week 6  Mon 30th July – 3rd August
Cost: £50 for week intensive or £15 individual
Times: 10am, 1030am & 11am
Detail: Children must be 5 years +

ROOKIE LIFEGUARD
Week 7  Mon 13th – 17th August
Rookie Bronze – Children must have 600m Award
Rookie Silver - Children must have Bronze Award
Rookie Gold - Children must be 12 yrs + & have Silver Award
Age: 8-14 years
Time: 9.00am – 12.00pm
Cost: £40 per week (£35 per additional child from the same family)
Details: A fun way to improve your lifesaving and first aid skills. Children are required to attend the full course to obtain Rookie Award.

121 SWIM LESSONS
Week 7  Mon 13th– 17th August 2018
Cost: £50 for week intensive or £15 individual
Times: 10am, 1030am & 11am
Detail: Children must be 5 years +

CASCADES ACADEMY OF SWIMMING
Week 8  Mon 20th – Fri 24th August
Activities  Land & Water based training
Age: 8 years & over
Time: 9am – 12.00pm
Cost: £40 per week (£35 per additional child from the same family)
Details: Children must be able to swim 800m
### WAVES LEISURE COMPLEX

<table>
<thead>
<tr>
<th>TYPE OF COURSES</th>
<th>DATES</th>
<th>DAYS</th>
<th>TIMES</th>
<th>PRICES</th>
</tr>
</thead>
</table>
| **PRE SCHOOL**  | 2nd July – 5th July 2018  
23rd July – 26th July 2018  
6th August – 9th August 2018  
20th August – 23rd August 2018 | Monday- Thursday | 9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am | £24.80 |
| **BEGINNERS**   | 16th July – 20th July 2018  
30th July – 3rd August 2018  
13th August – 17th August 2018  
27th August – 31st August 2018 | Monday- Friday | 9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am | £31.00 |
| **ADVANCED BEGINNERS 1** | 2nd July – 6th July 2018  
23rd July – 27th July 2018  
6th August – 10th August 2018  
20th August – 24th August 2018 | Monday- Friday | 9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am | £31.00 |
| **ADVANCED BEGINNERS 2** | 16th July – 20th July 2018  
30th July – 3rd August 2018  
13th August – 17th August 2018  
27th August – 31st August 2018 | Monday- Friday | 9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am | £31.00 |
| **IMPROVERS 1** | 2nd July – 5th July 2018  
23rd July – 26th July 2018  
6th August – 9th August 2018  
20th August – 23rd August 2018  
6th August – 10th August 2018 | Monday- Thursday | 9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am | £24.80 |
| **IMPROVERS 2** | 16th July – 19th July 2018  
30th July – 2nd August 2018  
13th August – 16th August 2018  
27th August – 30th August 2018  
13th August – 17th August 2018 | Monday- Thursday | 9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am  
9:00am – 9:30am | £24.80 |
| **ADVANCED IMPROVERS** | 2nd July – 5th July 2018  
23rd July – 26th July 2018  
6th August – 9th August 2018  
20th August – 23rd August 2018  
20th August – 24th August 2018 | Monday- Friday | 9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am | £24.80 |
| **STROKE & STAMINA** | 16th July – 19th July 2018  
30th July – 2nd August 2018  
13th August – 16th August 2018  
27th August – 30th August 2018  
27th August – 31st August 2018 | Monday- Thursday | 9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am  
9:30am – 10:00am | £24.80 |
| **ROOKIES:**  
  **BRONZE** | 16th July – 20th July 2018  
23rd July – 27th July 2018  
30th July – 3rd August 2018 | Monday- Friday | 10:00am-12:00pm  
PLEASE NOTE Friday will be  
11:00am-1:00pm | £62.00 |
| **SILVER** | 16th July – 20th July 2018  
23rd July – 27th July 2018  
30th July – 3rd August 2018 | Monday- Friday | 10:00am-12:00pm  
PLEASE NOTE Friday will be  
11:00am-1:00pm | £62.00 |
### DROP IN BEGINNERS

<table>
<thead>
<tr>
<th></th>
<th>2nd July – 6th July 2018</th>
<th>16th July – 31st August 2018</th>
<th>Monday- Friday</th>
<th>10:00am – 10:30am</th>
<th>£6.50</th>
</tr>
</thead>
</table>

### DROP IN IMPROVERS ANY LEVEL

<table>
<thead>
<tr>
<th></th>
<th>2nd July – 6th July 2018</th>
<th>16th July – 30th August 2018</th>
<th>Monday- Thursday</th>
<th>10:00am – 10:30am</th>
<th>£6.50</th>
</tr>
</thead>
</table>

£1 Swim for under 18s July and August

Monday to Friday up to 5pm

(Except Wednesday 2pm-3pm Eliminator Session)

And Saturday up to 2.30pm

**Beat the Eliminator**

£4 per child £5 per adult. Family rate £15 (2 adults and 2 children)

Eliminator Pool Inflatable will be available every Wednesday 2pm – 3pm and Saturday 2.45pm.

All ages please note there is a minimum standard of swimming. Smaller inflatables are available in the small pool during the Eliminator Session.

**Summer Swim Crash Courses**

Intensive Swimming Courses for children running weekly throughout July and August.

Cost £31.00 (5 day course) £24.80 (4 day course)

Crash Courses available:
- Pre school ages 3- 4 years
- Beginners
- Advanced Beginners1
- Advanced beginner 2
- Improvers1
- Improvers 2
- Advanced Improvers
- Stroke and Stamina

**Drop in Beginners and Improvers swimming throughout July and August.**

£6.50 per child

**Rookie Lifeguard ages 8yrs – 12 yrs £62.00**

Courses Monday to Friday 2hrs per day during July and August

The Rookie Lifeguard programme is the junior award scheme of the RLSS UK. An opportunity for kids to explore water safety. Rookie skills make Rookies aware of
how to take better care of themselves, family and friends and give them information they need to promote water safety in their day to day activities. The award contains survival, rescue and sports skills as well as life support and water safety elements.

**One to Ones £20.40 (30mins)**
Classes for all levels and ability throughout July and August. Contact Waves for more details.

**National Pool Lifeguard**
NPLQ is internationally recognised and is incorporated on the Qualification Framework at level 2. On successful completion of the course you will be qualified to work as a pool lifeguard.

Every candidate, prior to commencement of training must be 16 years at the time of taking the course and be able to meet the fitness criteria. All enquiries contact Waves.

For further information about courses detailed for Waves please check out our website [www.getactiveabc.com](http://www.getactiveabc.com) or contact us at 028 3832 2906. Early advanced booking is essential as places are limited.

Visit [www.getactiveabc.com](http://www.getactiveabc.com) for more details of the full programme of classes, dates times and cost.
The following activities are based at

**KINNEGO MARINA – OXFORD ISLAND**

**BOAT TRIPS**
Dates: Every weekend / Public Holiday  
Times: 1.30pm – 5.00pm  
Cost: Adults £5.00, Children / Senior Citizens £3.00  
Contact: 028 3832 7573 or email kinnego.marina@armaghbanbridgecraigavon.gov.uk  
Details: 30 Minute Boat trips aboard Master McGra or the Coney Explorer  
Also Canoe Trips, 3D Archery, Wilderness Camping and Teambuilding can be arranged by booking at Kinnego Bay Bushcraft Centre on 02838342040

**KINNEGO TOURING CARAVAN & CAMPING SITE**
- Eco Pod hire from £45.00 per night  
- Caravan £23.00 per night including electric hook-up  
- Camping from £12.00 per night  
- Outdoor Gym (free of charge)  
- 40 Fishing stands along the two breakwaters (no charge)  
- Canoe Trips, 3D Archery, Wilderness Camping and Teambuilding can be arranged by booking at Kinnego Bay Bushcraft Centre on 02838342040

**KINNEGO BUSHCRAFT CENTRE**
Hone your survival skills at Craigavon’s newest outdoor centre and discover everything the wilderness has to offer. Come and enjoy:  
- Survival in the wild  
- Making a camp fire and fire lighting  
- Shelter building and camping  
- Wildlife education  
- Adventure tracking walks  
- Boat & Canoe trips of Lough Neagh & Blackwater River  
- Off-site mountaineering / walking  
- Fishing

For further information please contact the Bushcraft Centre 028 3834 2040, 07880 276355 Kinnego Marina 028 3832 7573 or email greg.mcaleenan@armaghbanbridgecraigavon.gov.uk
SUMMER SCHEME’S

PARK EXPLORER’S SUMMER SCHEME

Venue: Portadown Peoples Park
Dates: Monday 20th August – Friday 24th August
Time: 10.00am – 2.00pm
Age: 5 -10 years
Cost: £20 per person for the week. £18 for 2nd child
Booking: To book a place on this scheme go to www.getactiveabc.com
Contact: David Mayers for more information about this programme on 07425632 172 or email him at David.Mayers@armaghbanbridgecraigavon.gov.uk

COMMUNITY CENTRE PLAYSCHMES

Venue: BROWNLOW COMMUNITY HUB/KILLICOMAINE JUBILEE
COMMUNITY CENTRE
Dates: Monday 20th July – Friday 31st July
Times: Various
Activities: Arts and Crafts, Dance, Drama, Sports. Trips to cinema, Lisburn Pool, Scallywags, W5, UV Party Disco
Ages: 5 -14 years old
Equipment: Casual
Cost: Varies per day
Contact: Cathy Roberts 028 38 313632
Consent forms must be signed and children MUST be 5 years and over to take part in summer scheme. Places are limited and children who attend the Council’s Playschemes throughout the year will be given first preference on all trips.

Registration: From 1st May 2015 at the following places
Brownlow Community Hub - Mon-Fri 10am-5pm,
Killicomaine Jubilee Community Centre - Mon & Tue - 2pm-6pm

Venue: AVENUE ROAD/NORTH LURGAN/BROWNSTOWN COMMUNITY CENTRE’S
Dates: Mon 3rd Aug -Fri 14th Aug
Time: Various
Activities: Arts and Crafts, Dance, Drama, Sports. Trips to cinema, Lisburn Pool, Scallywags, W5, UV Party Disco
Ages: 5-14 years old
Equipment: Casual
Cost: Varies per day
Contact: Cathy Roberts 028 38 313632
Consent forms must be signed and children MUST be 5 years and over to take part in summer scheme. Places are limited and children who attend the Council’s Playschemes throughout the year will be given first preference on all trips.
Registration: From 1st May 2015 at the following places
Brownlow Community Hub Mon-Fri 10am-5pm,
North Lurgan Community Centre Mon-Wed 2pm-6pm
Avenue Road Community Centre Thur- Fri 2pm-6pm
Brownstown Community Centre Wed –Thurs 2pm-6pm

DISABILITY SPORT NI / GET OUT GET ACTIVE

DSNI/GOGA - Inclusive Summer Schemes

Time: 10am-3pm
Cost: £10pp

Craigavon Junior Scheme (7-11yrs)
Venue: Craigavon Leisure Centre
Dates: Mon 20th & Tues 21st Aug

Craigavon Senior Scheme (12-16yrs)
Venue: Craigavon Leisure Centre
Dates: Thurs 23rd & Fri 24th Aug

Armagh Senior Scheme (12-16yrs)
Venue: TBC
Dates: TBC

Equipment:
Please wear suitable clothing for sports. Lunch will not be provided, therefore a packed lunch is required as well as water for throughout each day.

Details:
Inclusive Summer Scheme incorporating sports and leisure activities for children with a disability, along with siblings and friends.

1:1 care will not be provided so children must be able to attend independently or have a friend/sibling/carer to assist.

Contact:
For further information, or to register, please contact;
Colleen Connolly on 028 3831 1690 / 07769 250 885 / colleenconnolly@dsni.co.uk
or
Ryan McQuillan on 07799 137 291 / mcquillan@liveactiveni.co.uk

Places are limited in each venue so please register your interest early.
DSNI Inclusive Walking Programme

Dates: Fridays 20th July – 24th August
Time: 11-11.45am
Venue: People’s Park, Portadown

Equipment:
Please wear suitable clothing - footwear, raincoat etc.
Sun cream is also advisable as this is an outdoor programme.

Details:
6 week walking programme open to anyone with a disability or long term health condition, along with siblings and friends.
Alternative routes will be offered to suit all abilities.

Contact:
For further information or to register, please contact;
Colleen Connolly on 028 3831 1690 / 07769 250 885 / colleenconnolly@dsni.co.uk

DSNI - LD Football Programme

Age: 12yrs+
Dates: Thursdays 19th July – 23rd August
Time: 11-11.45am
Cost: £2 per week
Venue: People’s Park, Portadown

Equipment:
Please wear suitable clothing (footwear, raincoat etc) and bring a bottle of water.
Sun cream is also advisable as this is an outdoor programme.

Details:
6 week football programme open to boys & girls with a learning disability, along with siblings and friends.

1:1 care will not be provided so children must be able to attend independently or have a friend/sibling/carer to assist.

Contact:
For further information or to register, please contact;
Colleen Connolly on 028 3831 1690 / 07769 250 885 / colleenconnolly@dsni.co.uk
ST MARY’S YOUTH CENTRE SUMMER SCHEME

Venue: ST MARY’S YOUTH CENTRE, PORTADOWN
Dates: Monday 4th – Thursday 21st July
Time: 10.00am – 4.00pm
Age: 8 – 15 years
Cost: £5 individual membership, £10 family membership and £1 per day thereafter.
Details: Team sports, games, activities, arts/drama, trips, talent show and much more!
For further information please contact St Mary’s Youth Centre on 028 3833 7524 or email: admin@stmarysyc.org.

Council Parks, Oxford Island & Lough Neagh Discovery Centre

<table>
<thead>
<tr>
<th>Event</th>
<th>Date and Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pipe Band Competition</td>
<td>9th June 10 am – 6 pm</td>
<td>Lurgan Park</td>
</tr>
<tr>
<td>Park Explorer’s Summer Scheme</td>
<td>Monday 20th August – Friday 24th August</td>
<td>Portadown Peoples Park</td>
</tr>
<tr>
<td>Bat Walk and Talk</td>
<td>Friday 24th August 8 pm</td>
<td>Lurgan Park</td>
</tr>
<tr>
<td>Picnic in the Park</td>
<td>Saturday 16th June</td>
<td>Portadown Peoples Park</td>
</tr>
<tr>
<td>LOVE PARKS WEEK</td>
<td>Friday 13th July – Friday 20th July</td>
<td>Parks (Craigavon Locality)</td>
</tr>
<tr>
<td>Variety of activities on each day</td>
<td></td>
<td></td>
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<tr>
<td>National Play Day</td>
<td>1st August</td>
<td>Parks (Craigavon Locality)</td>
</tr>
<tr>
<td>Park Explorer</td>
<td>20th August – 24th August</td>
<td>Portadown Peoples Park</td>
</tr>
<tr>
<td>Annual Tannaghmore Bird Fair</td>
<td>25th August 10am – 4pm</td>
<td>Tannaghmore Gardens</td>
</tr>
</tbody>
</table>
SUMMER ARTS WORKSHOPS

MILLENIUM COURT ARTS CENTRE - FREE DROP IN FAMILY ART DAYS
All children must be accompanied by an adult.

Saturday 12 May
Time: 11:30-1:10pm
Detail: FILM Charlottes Web (2007) U
Time: 1:10-3:00 pm
Detail: ART WORKSHOP Dream Catchers. Join us to create some spectacular dream catchers using wools, fabrics and embellishments.

Saturday 9 June
Time: 11:30-1:45pm
Detail: FILM Around the World in 80 Days (1956) U
Time: 1:45-3:00 pm
Detail: ART WORKSHOP Wish you were here…. Paint picture perfect postcards of your world travels and pin them on our mini summer exhibition line.

Saturday 11 August
Time: 11:30-1:45pm
Detail: FILM Mary Poppins (2013) U
Time: 1:45-3:00 pm
Detail: ART WORKSHOP Bannerettes. Design your own bannerette of dreams, using an array of coloured fabrics, paints and stencils

EDUCATIONAL PROGRAMMES FOR CHILDREN AND YOUNG PEOPLE-
SUMMER SESSION

Activity: Arts for Tots
Details: Creative messy play for your ickle budding artists.  
Dates: Friday 1 June (4 weeks) Drop in  
Time: 11am-12 noon  
Ages: 2-4 years  
Cost: £5 per session

Activity: Messy Mitts
Details: Experiment, design and make amazing fun creations  
Dates: Saturday 9 June (4 weeks)  
Time: 10:30-11:30am  
Ages: 4-8 years  
Cost: £20

Activity: Lego Animation
Details: Create animated film on I-pad with sound and visual effects.  
Dates: Saturday 30 June  
Time: 10:30-12:30pm  
Ages: 10-14 years  
Cost: £10
**Activity: Drawing Skills for Kids**
Details: Learn to draw everything including perspective and 3D work.
Dates: Saturday 9 June (4 weeks)
Time: 2-3:30pm
Ages: 8-12 years
Cost: £20

**Activity: Throw-a-Pot (Parent & child) 5 double places available**
Details: Learn the throwing technique, plus paint & glaze creations.
Dates: Saturday 16 June (throwing) & Saturday 23 June (glazing).
Time: 10:30-12:30pm (throwing) & 10-12noon (glazing)
Ages: 10-16 years
Cost: £20

**SUMMER’S COOL – ART SCHOOL**

**Activity: Messy Mitts**
Details: A weeklong extravaganza of art experimentation and fun!
Dates: Mon 13 – Fri 17 August
Time: 10:30-12 noon
Ages: 4-8 years
Cost: £30

**Activity: Monsters V Aliens**
Details: Manipulate clay to design and create fictional monsters and aliens (kiln fired)
Dates: Wed 15 & Thurs 16 August
Time: 2-4pm
Ages: 6-10 years
Cost: £15

**Activity: Manga Illustration**
Details: Learn the art of Japanese Manga Illustration comic book design
Dates: Mon 13 – Fri 17 August
Time: 2-3:30pm
Ages: 10-16 years
Cost: £30

**Activity: Lego Animation**
Details: Create animated film on I-pad with sound and visual effects.
Dates: Friday 17 August
Time: 10:30-12:30pm
Ages: 10-14 years
Cost: £10
ART ON THE MOVE

Details: MCAC’S travelling Art service for summer schemes and community groups
Times: Available from Tuesday 17 July – Tuesday 28 August (dates and times to suit your group)

Do you run a summer scheme, youth or community group?
Are you looking for some unique art activities?

Calling all summer schools and youth groups or those who simply need some art injected into their summer scheme! This year we bring a fun mix of thaumatropes, recycled flower chains, sun catchers and organic/recycled wind chimes.

For further information or to request a brochure please contact:
Education Department, Millennium Court Arts Centre, William Street, Portadown, BT62 3NX
Telephone 02838 350935
Email hazel@millenniumcourt.org
Website www.millenniumcourt.org
Sports Development in Craigavon

Sports Development delivers a range of youth diversion initiatives, club, coach education and physical activity programmes, for more information on the full range of Sports Development initiatives please contact us at 028 38 3222 05 or visit https://www.facebook.com/sportcraigavon

Multi Use Games Areas Sports Programme

Through the MUGA Sports Programme a wide selection of sports sessions are delivered to suit all ages and abilities throughout the summer and all year round.

Organised by Sports Development and part funded through the Department of Social Development Neighbourhood Renewal programme, you will find sessions in Tennis, Multi-sports, Keep fit, Soccer, Mini games, Fundamentals and Gaelic to name but a few, all taken by experienced coaches who will ensure you have fun and get the best out of each session. These sessions will operate on a variety of venues throughout the borough.

The MUGA Sports Programme which is designed in partnership with local communities aims to offer quality sports and physical activity opportunities regularly, ensuring that opportunities to participate are continuously created for young people in their own communities.

To get involved and find out more information please contact

Paul Carvill on 07515607459 or email paul.carvill@armaghbanbridgecraigavon.gov.uk or,

James Kane on 07515607463 or email james.kane@armaghbanbridgecraigavon.gov.uk
**Sport NI – Every Body Active 2020**

**Every Body Active 2020 is a Sport Northern Ireland initiative which** aims to increase participation in sport and physical activity within specific groups of people. These include women and girls, people with a disability, those living in areas of greatest social need, young people leaving education and those retiring from work.

**Over the next number of years, we** will be working closely with clubs, schools, and community organisations to engage with these hardest to reach groups to open doors of opportunity.

We currently have 8 Active Communities Multi Sports Coaches who specialise in a range of sports and physical activities. They will work with your organisation to come up with a programme that is appropriate for your participants.

The Every Body Active 2020 Coaches are employed by Armagh City, Banbridge and Craigavon Borough Council, fully qualified and experienced in the delivery of sport and physical activity. The Coaches will discuss your needs, establish a suitable venue and explain our monitoring requirements in regard to participants.

To get involved and find out more information please contact:

<table>
<thead>
<tr>
<th>NAME</th>
<th>SPORT</th>
<th>EMAIL</th>
</tr>
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<tbody>
<tr>
<td>Brian Haughian</td>
<td>Gaelic Games</td>
<td><a href="mailto:brian.haughain@armaghbanbridgecraigavon.gov.uk">brian.haughain@armaghbanbridgecraigavon.gov.uk</a></td>
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<tr>
<td>Aaron Nelson</td>
<td>Girls Soccer</td>
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<tr>
<td>Kirsty-Louise Brankin</td>
<td>Dance</td>
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<td>Dance</td>
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<td>Brenda Fegan</td>
<td>Physical Activity</td>
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LEISURE FACILITIES IN CRAIGAVON
Visit www.getactiveabc.com for more details.

GETTING IN TOUCH

For general information about the leisure facilities provided in the Craigavon area by Armagh City Banbridge and Craigavon Borough Council, please contact the Lough Neagh Discovery Centre on 028 3832 2205. Contact numbers for specific facilities are listed below.

OUTDOOR LEISURE COMPLEXES
Golf and Ski Centre Tel: 028 3832 6606
Kinnego Marina Tel: 028 3832 7573
Watersports Centre Tel: 028 3834 2669

LEISURE CENTRES
Cascades Leisure Complex Tel: 028 3833 2802
Craigavon Leisure Centre Tel: 028 3834 1333
Waves Leisure Complex Tel: 028 3832 2906

VISITORS ATTRACTIONS
Lough Neagh Discovery Centre Tel: 028 3832 2205
Tannaghmore Gardens & Animal Farm Tel: 028 3834 3244
Moneypenny's Lock Tel: 028 3832 2205

PARKS
Lurgan Public Parks Tel: 028 3832 3795 / 07766740427
Portadown Public Parks Tel: 028 3839 3590 / 07747637115
Oxford Island National Nature Reserve Tel: 028 3832 2205
Maghery Country Park Tel: 028 3885 2053

Published by
Armagh City Banbridge and Craigavon Borough Council’s Sports Development Unit in Craigavon

For more information please contact:
Sports Development at 028 3832 2205