



GET SWIMMING

AND FEEL GOOD!



SEPT-DEC 2026 SWIM TIMES

MAIN POOL

MONDAY

6.00am - 6.30pm

TUESDAY

6.00am - 6.00pm
7.30pm - 9.30pm

WEDNESDAY

6.00am - 9.30pm

THURSDAY

9.00am - 2.30pm
4.00pm - 9.30pm

FRIDAY

6.00am - 9.30pm

SATURDAY

8.00am - 4.00pm

SUNDAY

11.15am - 4.30pm

PLEASE NOTE

Due to Swimming lessons taking place in the main pool, the number of lanes available will vary throughout the day. No advance booking required for the main pool.

SMALL POOL

Small pool swim times vary and must be booked in advance online or on the **getactiveabc** APP

DISABILITY SWIMS

These sessions take place in the main pool and are available on Sat 3.00pm - 4.00pm & Sun 3.30pm - 4.30pm and must be booked in advance online or on the **getactiveabc** APP

QUIET HOUR SWIMS

Suitable for anyone with Additional Needs, sessions take place in the small pool on Tues & Thurs 6.15pm - 7.15pm [subject to availability] and must be booked in advance online or on the **getactiveabc** APP



DOWNLOAD THE GETACTIVEABC APP & MAKE BOOKINGS SIMPLER



For more information visit

getactiveabc.com/swim



**Armagh City
Banbridge
& Craigavon**
Borough Council