



GET SWIMMING AND FEEL GOOD!



SEPT-DEC SWIM TIMES

MAIN POOL / SANARIUM*

SUNDAY	11.15am - 3.00pm
MONDAY	6.00am - 2.30pm 3.30pm - 4.30pm 6.30pm - 9.30pm
TUESDAY	8.00am - 3.00pm 6.30pm - 9.30pm
WEDNESDAY	6.00am - 4.00pm 6.30pm - 9.30pm
THURSDAY	6.00am - 9.30pm
FRIDAY	8.00am - 3.00pm 6.30pm - 9.30pm
SATURDAY	8.00am - 3.45pm

*The sanarium will be open during public swim times and will close for cleaning each day 30 minutes before the last public swim session ends

LANE SWIMMING

SUNDAY	11.15am - 2.30pm
MONDAY	6.00am - 9.30am 12.15pm - 1.15pm 7.30pm - 9.30pm
TUESDAY	8.00am - 9.30am 12.15pm - 1.15pm 6.30pm - 8.00pm
WEDNESDAY	6.00am - 9.30am 12.15pm - 1.15pm 6.30pm - 9.30pm
THURSDAY	6.00am - 9.30am 12.15pm - 1.15pm 7.30pm - 9.30pm
FRIDAY	8.00am - 9.30am 12.15pm - 1.15pm 6.30pm - 9.30pm
SATURDAY	8.00am - 8.45am

FLUME

SUNDAY	12.00pm 1.00pm 2.00pm
MONDAY	7.00pm
TUESDAY	7.00pm
WEDNESDAY	7.00pm
THURSDAY	5.00pm 6.00pm 7.00pm
FRIDAY	7.00pm
SATURDAY	10.20am 11.20am 12.20pm 1.20pm 2.20pm

For more information visit

getactiveabc.com/swim



Armagh City
Banbridge
& Craigavon
Borough Council