



GET SWIMMING AND FEEL GOOD!

SUMMER SWIM TIMES



SWIM

FLUME

DAY	DATES	SWIM TIMES	FLUME TIMES
SUN	5, 19 & 26 Jul	11.15am - 3.00pm	12noon 1pm 2pm
MON	6 Jul	6.00am - 2.30pm 3.30pm - 4.30pm 6.30pm - 9.30pm	11am 12noon 1pm 7pm
	20 & 27 Jul	6.00am - 2.30pm 3.30pm - 4.30pm	11am 12noon 1pm 4pm 7pm
TUES	7, 21, 28 Jul	8.00am - 3.00pm 6.30pm - 9.30pm	11am 12noon 1pm 2pm 7pm
	14 Jul	9.00am - 4.30pm	11am 12noon 1pm 2pm 3pm
WED	1, 8, 15 Jul	6.00am - 4.00pm 6.30pm - 9.30pm	11am 12noon 1pm 2pm 3pm 7pm
	22 & 29 Jul	6.00am - 9.30pm	11am 12noon 1pm 2pm 3pm 4pm 7pm
THUR	2, 9, 16 & 23 Jul	6.00am - 9.30pm	11am 12noon 1pm 2pm 3pm 4pm 7pm
FRI	3 & 10 Jul	8.00am - 3.00pm 6.30pm - 9.30pm	11am 12noon 1pm 2pm 7pm
	17 Jul	8.00am - 9.30pm	11am 12noon 1pm 2pm 3pm 4pm 7pm
	24 Jul	7.00am - 3.00p 6.30pm - 9.30pm	11am 12noon 1pm 2pm 7pm
SAT	4, 11, 18 & 25 Jul	8.00am - 3.45pm	10.20am 11.20am 12.20pm 1.20pm 2.20pm

For more information visit

getactiveabc.com/swim    



Armagh City
Banbridge
& Craigavon
Borough Council