


Craigavon Mountain Bike Trails

Craigavon City Park is home to Northern Ireland's first purpose-built mountain bike trail. The 10km (6.2 miles) trail combines tarmac paths with green and blue-graded trails. It starts and finishes at South Lake Leisure Centre and is ideal for families and novice mountain bikers.


Green Mountain Bike Trail

The green trails consist of wide tracks with variable surfaces, providing an ideal introduction to mountain biking for novices and families. Stay on the black paths for a leisurely ride or try the more challenging blue sections.



Blue Mountain Bike Trail

The blue trails consist of very narrow, twisting paths with tight turns and variable surfaces. These challenging sections may include obstacles such as roots, rocks and sharp turns.



Pump Track

Situated towards the end of the Mountain Bike trail, the pump track is a fun way to improve your riding skills and develop your bike handling techniques. 'Pumping' your arms and shifting your body weight with the flow of the trail enables you to ride in a continuous loop without pedalling.



Find your way about

Follow the colour coded trail waymarkers and yellow boulders located throughout the park. Please respect other park users.

| | Green / Easy | Blue / Moderate |
|--|--|---|
| Grades | SUITABLE FOR: Beginner/novice cyclists. Basic Bike Skills required. Most bikes and hybrids. Some green routes can take trailers. | SUITABLE FOR: Intermediate cyclists/mountain bikers with basic off-road riding skills. Mountain bikes or hybrids. |
| | TRAIL AND SURFACE TYPES: Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections. | TRAIL AND SURFACE TYPES: As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock. |
| | GRADIENTS AND TECHNICAL TRAIL FEATURES (TTF'S): Climbs and descents are mostly shallow. No challenging features. | GRADIENTS AND TECHNICAL TRAIL FEATURES (TTF'S): Most gradients are moderate but may include short steep sections. Includes small TTF's |
| | SUGGESTED FITNESS LEVEL: Suitable for most people in good health. | SUGGESTED FITNESS LEVEL: A good standard of fitness can help. |
| These guidelines must always be used in conjunction with the exercise of your own experience, intuition and careful judgement. | | |

Hazards and Restrictions



- The mountain bike trail is located in a busy park where runners, walkers and riders enjoy the shared space. Please note:
- Always ride in a clockwise direction to prevent collision with others.
 - Ride within your ability and keep your bike under control.
 - Exercise appropriate caution and respect other users.
 - Take additional care when crossing the black paths.
 - Take care of the environment and dispose of your rubbish responsibly.
 - Take care when close to the water's edge.

Key Contacts / Emergency Services



Armagh City, Banbridge & Craigavon Borough Council
 enviroservices@armagh
 banbridgecraigavon.gov.uk
 0300 0300 900

Emergency Services
call 999
 Fire, Police, Ambulance
 and Coastguard

Parking



South Lake Leisure Centre
 A3 Craigavon
 Eastway B2

Toilets



South Lake Leisure Centre
 Tannaghmore Gardens and Animal Farm
 Rushmere Shopping Centre



Craigavon City Park



Mountain Bike Trail

This 10km clockwise route weaves in and out of the woods and along the waters edge as it circumnavigates the lakes. There are a few gentle climbs and descents along the way. Stop off at the pump track to hone your skills. A bike repair station and pump can be found next to the Leisure Centre should you need to carry out some basic repairs.

Grade: Various
Distance: 10 km / 6.2 miles approx
Time: 45 minutes / 1 hour 15 minutes

KEY

MOUNTAIN BIKE TRAILS START AND FINISH

PARKING

TOILETS

BIKE REPAIR STATION AND PUMP

SHARED PATHS

GREEN MOUNTAIN BIKE TRAIL

BLUE MOUNTAIN BIKE TRAIL

PUMP TRACK



Tannaghmore Gardens & Animal Farm

Pump track

Craigavon Civic Centre

South Lake Leisure Centre

Route when crossing the railway tracks for the first time