

Our projects consist of various activities and workshops open to all living in Neighbourhood Renewal areas, specifically targeting hard to reach / vulnerable youth or adults.

The project aims to give people the skills, knowledge, and hands-on experience through various activities and experiences to support them to build resilience, connect to the outdoors and community & place in order to develop more sustainable lifestyles.

BE PART OF IT

LIFE CAMP PROJECTS

Outdoor activities and workshops over 6 weeks or intense 3 day period focusing on personal and skills development. Outdoor activities will be used as a tool to reboot participants ability to learn and develop inter and intra personal skills.

WALKING FOR HEALTH

Health and Wellbeing project minimum of 24 hours contact aimed towards socially isolated adults. An opportunity for individuals to come together, get out into Nature, walk & talk and socialise while also building positive physical and mental health.

PERMACULTURE & COMMUNITY GROWING

Supports social inclusion, engagement in therapeutic practices and sustainability principles and practices. The project will be used as a medium to encourage and promote social and community renewal, creating a space for conversation and relationship building.

✉ bushcraft@armaghbanbridgecraigavon.gov.uk

BUSHCRAFT INTRO

Bushcraft Intro for families in need. First step introduction course that covers all the skills of survival and wilderness living. This is geared towards family units / small groups and developed around participants needs.

BIG BUSHCRAFT BUILD

Programme targeting unemployed people living in Neighbourhood Renewal areas. Participants will assist with the design and creation of a new designated 'Bushcraft Area'. Building confidence and improve mental and physical wellbeing in a safe, relaxing and stress relieving space.

FOREST SCHOOL

Sessions in a woodland environment provides opportunities for children & young people, to explore our natural environment, play, learn and socialise together. As the children journey through Forest School they develop a sense of independence, high self-esteem and social/communication skills.

☎ 07733 618084

