

Kinnego Pond Trail

Distance approximately ½ a mile (¾m)

WALKING GUIDE

This is a short walk from Kinnego Marina around Kinnego Pond and will take fifteen to twenty minutes to complete following the boat symbol on the marker posts.

1. On leaving the Galley Café and Marina facilities follow the path around the edge of the water towards the play park. Kinnego is one of a number of marinas around the shores of Lough Neagh and has over 100 berths and boat launching facilities. The Marina is also home to numerous species of bird such as Mallard, Coot, Moorhen and Mute Swan. Grey Herons and Black Headed Gulls are also regularly seen in this area.



2. Carefully cross the road and follow the sign for Kinnego Pond. The path takes you through an area of Alder woodland. Alder trees prefer wetter soils so flourish in this area. The seeds found within the cones are eaten by several species of Tits, Chaffinches and Siskins.

3. Kinnego pond was created artificially in the 1980's, it was a former inlet of the Lough and this area was an important harbour serving the Lurgan area. The pond is home to a variety of aquatic insects such as Pond Snails and Water-Beetles. Tufted Duck and Great Crested Grebe nest in the more sheltered areas of the pond.



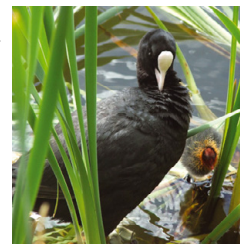
On summer days dragonflies and damselflies can be seen around the edges of the pond. Damselflies are smaller and more delicate than the dragonflies and rest with their wings together. These carnivorous insects catch flies in mid flight and take them back to a perch in the vegetation to devour.

They lay their eggs in the water and the larvae develop as aquatic insects for one or two years. Species which may be seen around the pond include, Common Blue Damselfly, Large Red Damselfly, and Four Spotted Chaser. Continue along the path to point no.4, keeping to the right.



4. Many Willow trees grow in the wet soils around Kinnego pond. Their soft and silvery flowers can be seen developing on the branches from early spring until the trees are in full leaf. Turn right.

5. The area to the left has been planted with common reeds, (*Phragmites australis*). Reed beds are an important habitat for birdlife and many types of aquatic insect. Their extensive root system helps to trap sediments and impurities and they play an important role in the cleansing and filtration of impure water.



6. Turn right, and then left. This path will bring you back to Kinnego marina.



Tick List

Alder Cones				
Damselfly				
Dragonfly				
Common Reed				
Orange Tip Butterfly				
Coot				
Mallard				
Tufted Duck				
Great Crested Grebe				
Mute Swan				
Other:				

For further information please telephone or e-mail us.

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