



Richhill
Recreation Centre



GET ACTIVE AND LOVE EVERY MOVE

ACTIVITY PROGRAMME



Updated 5 October 2026

MONDAY

**Cardio Cycle
Pilates**

6.00pm - 6.45pm
7.00pm - 8.00pm

TUESDAY

**Over 50's Club
Cardio Cycle
Yoga**

9.15am - 10.15am
6.00pm - 6.45pm
7.30pm - 8.30pm

WEDNESDAY

**Cardio Pilates
Cardio Cycle
Yoga
Body Tone
Portadown
Badminton Club***

6.00pm - 7.00pm
6.00pm - 6.45pm
7.15pm - 8.15pm
7.15pm - 8.00pm
8.00pm - 10.00pm

THURSDAY

**Pilates
Cardio Dance**

10.00am - 11.00am
6.00pm - 7.00pm

FRIDAY

Pilates

10.00am - 11.00am

*Private booking, please contact the Centre for more information

ADDITIONAL INFORMATION

- All classes must be booked online in advance
- Members 8 days | Non members 4 days advance online booking
- Please arrive 5 mins before the class starts
- Please wear appropriate clothing & footwear
- Please bring water bottle with you
- Toilets, changing rooms and showers are available

Make bookings simpler.
Download the **getactiveabc** app



Book Online at

getactiveabc.com/fitnessclasstimetables



**Armagh City
Banbridge & Craigavon
Borough Council**